

MEDICAL HISTORY FORM

PATIENT NAME: _____ **DATE OF BIRTH:** _____

Please fill out the following questions to the best of your ability. All answers may potentially impact your clinical presentation, the treatment provided, drugs administered or prescribed, or information needed in case of an emergency. All answers are strictly **MEDICAL-IN-CONFIDENCE**.

How tall are you? _____ cm How much do you weigh? _____ kg

MEDICAL CONDITIONS:

Please **tick** the appropriate conditions (present or past history of the disease):

Cardiac conditions

1. Blood pressure: Hypertension (high) _____ Hypotension (low) _____
2. Ischaemic heart disease: Myocardial infarction (heart attack) _____ or Pectoralis Angina (chest pain) _____
3. Rhythm disturbances: Irregular heartbeat _____ Atrial fibrillation _____ Heart murmur _____
4. Infective endocarditis _____ or rheumatic heart fever _____
5. Cardiac surgery: Stents _____ Bypass surgery _____ Valve replacement _____
6. Other/Comments: _____

Respiratory conditions

1. Asthma _____ Triggers: _____
2. Bronchitis _____ Emphysema _____ Pneumonia _____
3. Other/Comments: _____

Gastrointestinal conditions

1. Gastro-oesophageal reflux disorder _____ Gastritis _____ Ulceration _____
2. Irritable bowel syndrome/disease (IBS/D) _____ Crohn's disease _____ Coeliac disease _____
3. Other/Comments: _____

Hepatic disease

1. Fatty liver _____ Liver failure _____ Viral hepatitis infection (e.g. Hep A, B, C) _____
2. Other/Comments: _____

Renal disease

1. Kidney failure _____ Dialysis _____
2. Other/Comments: _____

Endocrine

1. Diabetes mellitus: Type I _____ Type II _____ Gestational _____ BSL measured today? _____ Value _____ mmol/L
2. Thyroid _____ Parathyroid _____ Adrenal _____
3. Other/Comments: _____

Infectious Diseases

1. Human immunodeficiency virus (HIV) _____ Tuberculosis (TB) _____ 'Golden Staph' _____
2. Chlamydia _____ Genital herpes (oral or genital) _____ Papilloma virus (warts) _____
3. Other/Comments: _____

Tumour/Growth/Malignancy

1. Cancer: _____
2. Other/Comments: _____

Autoimmune

1. Rheumatoid arthritis _____ Sjogren's Syndrome _____
2. Other/Comments: _____

Neurological

1. Depression _____ Anxiety _____ Epilepsy _____ History of seizures _____
3. Other/Comments: _____

Cerebrovascular/Haematological

1. Stroke _____
2. Headaches _____ Migraines _____ Anaemia _____
3. Haemophilia _____ Von Willebrand's disease _____
4. Other/Comments: _____

Musculoskeletal

1. Osteoarthritis _____ Osteoporosis _____ Joint replacement/prosthetic joint _____
2. Other/Comments: _____

Skin disease: _____

Eye disease: _____

Is there any medical condition that runs in the family? _____

What is the maximum you can walk without stopping or being out of breath?

Flights of stairs: >2 _____ 2 _____ 1 _____ half a flight _____ around the house _____

VACCINATION STATUS:

1. Are you aware of any outstanding vaccinations that you require? _____.
2. Other/Comments: _____.

MEDICATIONS:

Please list all medications you are taking (including any over-the-counter, prescribed and self prescribed, or herbal remedies) and dosage:

	<i>Drug name</i>	<i>Amount</i>	<i>Frequency</i>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____
9.	_____	_____	_____
10.	_____	_____	_____

11. Do you take any drugs for your bones? _____.
12. Do you take any blood thinning drugs e.g. aspirin, warfarin? _____.
13. Do you take any drugs that suppress your immune system e.g. prednisone? _____.

ALLERGIES:

1. What drugs or substances, including foods, are you allergic to? _____

Note: an allergic reaction can include symptoms such as rash, swelling, shortness of breath, vomiting, nausea after being exposed. It can have an immediate or delayed onset.

SMOKING STATUS:

1. Please circle: *never smoked* or *past/present* smoker.
2. Approximate number of years as a smoker: _____ years. Approximate number of cigarettes per day: _____ *cigs/day*.
3. Any other forms of tobacco e.g. snuff, areca nut, pipes, cigars? _____

RECREATIONAL DRUG USE:

1. Do you take any recreational drugs (e.g. marijuana, methamphetamines, opioids)? _____

DRINKING HABITS:

1. Average amount of water consumed _____ *L/day*.
2. Average number of alcoholic drinks per week _____

FEMALES:

1. Is there any chance of you being pregnant? _____
2. If yes to question 1, how many weeks? _____
3. Are you currently breastfeeding? _____
4. Are you currently on the contraceptive pill? _____

ORAL HYGIENE HABITS:

1. How many times a day do you brush your teeth? _____
2. How many times a week do you clean between you teeth (e.g. floss, interproximal brushes)? _____
3. What type of toothpaste do you use? _____.
4. Do you use any mouth rinses? _____ What type? _____ How often? _____.

GP DETAILS:

NAME _____ PRACTICE _____

PHONE NUMBER _____

OTHER HEALTH SPECIALISTS:

NAME _____ PRACTICE _____

PHONE NUMBER _____

NAME _____ PRACTICE _____

PHONE NUMBER _____

PREVIOUS OPERATIONS:

<i>Year</i>	<i>Operation</i>	<i>Hospital</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____

OTHER COMMENTS:

PATIENT/GUARDIAN'S SIGNATURE: _____ DATE: _____

DR MARK DANIEL ATKINSON: _____ DATE: _____

Thank you for filling this medical history form out. If you have any questions or need clarification on anything, please discuss with you clinician.